



The Grayswood Runner



this banner was designed with assistance from Gold Class, Grayswood School 2006/2007

5 GREAT THINGS ABOUT GRAYSWOOD

I can't help it. I love living here in Grayswood and outsiders often ask what is special about living in Grayswood. For me (and it is very personal) it is "magic moments" and the top five are:

1. Witnessing the first mow of the village green for the year, turning it from a muddy field into a velvet green carpet
2. Going for a walk around the village and taking ages because of all the friendly people you meet on the way
3. Crossing the A286 when there is no traffic in sight from either direction and the village enjoys absolute peace
4. Watching the Nativity Play at Christmas and being completely charmed once again by a fresh set of young faces—Grayswood's future.
5. Meeting newcomers to the village and watching their own slow infection with the Grayswood "bug".

Amidst the difficulties and challenges of life, sometimes it just doesn't seem quite so bad.

Spring has now arrived and as we celebrate Easter, optimism fills the air here in Grayswood. As someone once sang, "What a wonderful world!"

Editor

A MESSAGE FROM THE LAST SUPPER

The book I mentioned last month (*Good Friday People*, by Sheila Cassidy) is certainly not an easy read. My instincts were right! She has however, a way of expressing her 'fury and impotence at the widespread use of torture' (for example) which compels me to read on, uncomfortable as it makes me feel.

I share her deep sorrow and perplexity at 'man's inhumanity to man', which is the cause of most suffering in the world. She tells the story of a woman who returned to El Salvador to share the fate of the poor of that country - to disappear without trace, to be tortured, to be captive and later found dead. Another woman said she had decided to leave El Salvador several times, but 'I almost could' she said, 'except for the children, the poor bruised victims of this insanity. Who would care for them? Whose heart could be so staunch as to favour the reasonable thing in a sea of their tears and loneliness. Not mine, dear friend, not mine.'

That story is in what is for me the most moving chapter so far (I'm about half way through). It's entitled 'Last Suppers', and she speaks of them as an oasis, a much-needed celebration in the midst of sadness, uncertainty, fear and grief. An oasis of friendship, love, shared laughter, shared memories. Sometimes we know they are 'Last Suppers'; sometimes we don't. Either way we can look back on them and treasure the memories. It challenges me to value each moment.

Needless to say it reminds me of the last supper Jesus had with his friends and how meaningful it became to them later on. 2000 years later we are still celebrating it, reflecting on it and finding meaning in it now. Extraordinary! We meet, share a symbolic meal in bread and wine (and sometimes, like on Maundy Thursday, an actual one). We remember what it's all about and share in something very profound.

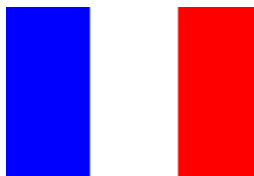
One of the treasures we have from that Last Supper is something Jesus said: 'Love one another as I have loved you'. Are you curious to know what the world would be like if we kept that commandment? Shall we try it and see?

With every good wish for Easter.

Barbara Steele-Perkins

French Children's Choir Visits Grayswood Thursday 19th April at 6.00 pm

Attracted by our website, Les Enfants de L'Estuaire, a choir from Le Havre, will be visiting All Saints to sing for us. It would be great to give them a really good audience.



There is no entrance charge and it is a great way to also meet the choir and practice your French! A bientot!



All Saints Spring Fayre

Saturday 5th May at 11.30am

Grayswood Village Hall

Bouncy Castle, Face Painting, Lucky Dip,

Toys and Games, Bric a Brac, Gifts, Books,

CDs and Videos, Cakes and Produce, Plants,

Greetings Cards, Raffle, and lots more...

Hotdogs, sandwiches and other refreshments will be served from 12pm - 1pm

Outside stallholders (£10 + 10%) and stall contributions welcome

Call Daphne (643140) or Charlie (644495)

Please come and support us!

Events in April

Gardening Club	5th
Men's Breakfast	7th
Easter Sunday	8th
WI—Herbal Remedies	11th
Good News Van	23rd



SUPPORT YOUR WI

Please, please, please do remember to come and support what goes on at the WI - next meeting 11th April, Grayswood Village Hall at 8pm.

Contacting the Runner : Telephone: 01428 656504, editor@grayswoodparish.org

All Saints Matters

Sunday Services

8.00 am Holy Communion every week

10.00 am services are very accommodating for families with young children—we have crèche facilities, fun for older children at Sunday School, and really don't mind if children make a bit of noise in church either! In fact we particularly encourage children to enjoy our church and join in with the first part of our service.

- 1st Sunday:** Parish Communion
- 2nd Sunday:** Morning Worship
- 3rd Sunday:** Parish Communion
- 4th Sunday:** All age Morning Worship
- 5th Sunday** we usually join in with St Barts or St Christophers, either in Grayswood or Haslemere—see notices on the Church Door!

Evening Services are occasional but are advertised in the village.

Mondays at 9 am (not Bank Holidays) - a short meditative service which follows the pattern of the Church since its early days

Thursdays

1st and 3rd Thursday Holy Communion using the BCP (old prayer book)

5th Thursday—Modern Iona style Communion Service

At all services we pray for people in any sort of need. If you would like us to pray for someone in particular - or be prayed for yourself (we need only a first name and you don't have to give a reason), either pop a note into Church House, leave a message on the answerphone, write in the book at the back of church, or ask someone to pass the message on.

Sacred space

The church building is open every day from about 9am until dusk in winter, about 6pm in summer. It's a peaceful place to think, meditate, dream, pray.

Contacting All Saints

Our vicar **Barbara Steele-Perkins** (barbarasteelerperkins@tiscali.co.uk) is officially on duty all day Sunday and Thursday, and Monday and Friday mornings; she also works part-time for the diocese, but both jobs allow for some flexibility. She responds to answerphone messages left on 656504 every day except Tuesday and will get back to you as soon as possible. Janet Fry, our church administrator, works in **Church Office** 656504 (in Church House) which is open Monday, Wed, and Fri mornings from 9am-12 noon. **Doreen Hutton** 644178 is the coordinator of pastoral care in the parish. Please contact her if you would like someone to visit you - for whatever reason. You are promised complete confidentiality. If you would like to donate flowers at any time - in memory of someone or at a special anniversary. **Jaquie Lisle** 661091 is our flower coordinator. If you need a vicar urgently and can't get through to Barbara, phone **Norman Jones**, Rector of Haslemere (644578).

Easter Praise by Rodney Bennet

Welcome, happy Easter day!

Winter now is far away.

Through the wide world children sing
Praises to their Lord and King.

Now the wind more softly breathes,
Flowerets cast their sober sheaths,
And, to honour Easter Day,
Strew their petals on His way.

Birds that yesterday were dumb
Find their voices newly come,
And from branches all day long
Pour their joyous Easter Song.

Though but little I can sing,
I my Easter song would bring,
And for joy, as best I may,
In my singing I would pray:

Gentle Jesus, King of kings,
Yet the Lord of little things,
Though but small and young I be,
From Thy glory smile on me.

Help me every hour to make
Something happier for Thy sake,
So through all the year I may
Make each day Thy Easter Day.



USEFUL GRAYSWOOD PHONE NUMBERS

- Church Office 656504**
- Village Hall Bookings 643859**
- Wheatsheaf Pub 644440**
- The Grayswood Club 644154**
- Grayswood School 642086**
- Grayswood Cars 642303**
- Barkers 642894**
- Haslemere Herald 651271**
- Haslemere Hall 642161**
- Hairdresser 642821**
- Village Hall Payphone 658931**

VILLAGE PRAYER

We remember those in Grayswood Road, Church Close, Sandy Lane and Grayswood Common

WORTH THINKING ABOUT.....

The human mind is like an umbrella - it functions best when open.

How is it that nobody has dreamed up any moral advances since Christ's teaching?

What was there in his heredity and his environment to account for this unique teacher, and the remarkable fact that no alternative has ever looked like emerging?

Mountains can only be climbed with the knees bent

Why teenage brains need that lie-in!

Has your sweet, loveable child who used to watch TV early in the morning turned into a morose, truculent teenager who doesn't want to get out of bed till nearly lunchtime? Don't be alarmed. According to a leading body clock expert, teenagers really do need those extra hours in bed - and they are more to be pitied than blamed.

For the teenage brain is a 'work in progress', and has profound changes taking place within it, according to Prof Russell Foster, a 'chronobiologist' at Oxford University. MRI scans of adolescent brains conducted over the last decade have revealed that not only is there major reorganization in the teenage brain, but that it continues to develop until the early twenties.

Mary Carskadon, director of sleep research at EP Bradley Hospital in Rhode Island, America, estimates that teenagers do best on about nine hours of sleep a night. She believes that a later starting time for school would greatly improve alertness and the mental abilities of teenagers during their morning lessons.

In the meantime, no wonder teenagers sleep in - when they get the chance.

If you would like to contact The Runner please phone 01428 656504 or e-mail: editor@grayswodparish.org